



**Procedure Date:**

**Procedure Time:**

**Arrival Time:**

**Location:**

### **INSTRUCTIONS FOR EGD**

Read carefully-Follow all instructions to ensure a successful procedure

#### **5 DAYS BEFORE THE EXAMINATION**

Discontinue any medication that contains aspirin (i.e. aspirin, Advil, Motrin, Ibuprofen, Alka Seltzer, Aleve, Coumadin, Plavix, pain and arthritis medications, etc.)  
*Tylenol products are not restricted.*

**IF YOU ARE ON A BLOOD THINNER, PLEASE NOTIFY OUR OFFICE.**

#### **THE DAY BEFORE THE EXAMINATION**

Do not eat or drink after midnight

#### **THE DAY OF THE EXAMINATION**

Please arrange for a responsible adult to drive you home.

**IF YOU DO NOT HAVE A DRIVER, YOUR PROCEDURE WILL BE CANCELED AND RESCHEDULED TO A LATER DATE.**

#### **IF YOU ARE SCHEDULED AT:**

**McKay Dee Hospital**-Enter through the main entrance on the EAST side of the building. Go to the 2nd floor, turn left and go to the endoscopy lab at the end of the hallway.

**Ridgeline Endoscopy Center**-The facility will contact you the day before your procedure with your arrival time. Ridgeline Endoscopy Center is located at 6028 South Ridgeline Drive, Suite 100, South Ogden, UT 84405. If you have any questions or concerns, please call 801.475.4900.