



Advance Directives

Advance Directives allow for patients to take an active role in their care before they become seriously ill or unable to communicate. Advance Directives are legal documents that state health care preferences in writing thus preventing loved ones from making heart-breaking decisions later.

Before deciding your end of life health care choices we advise patients to discuss their decisions with family, friends, and healthcare providers. Researching the laws and understanding the forms is also important in creating your Advance Directive. To help patients, families and the hospitals that serve them, the American Hospital Association (AHA), has compiled key resources to enhance educational efforts and raise awareness around this important issue. Please visit the following websites to obtain more information about Advance Directives.

www.putitinwriting.org

www.agingwithdignity.org

www.caringinfo.org

<http://www.caringinfo.org/files/public/ad/Utah.pdf> - this is the website for the State of Utah form.

www.aarp.org

The Providers at Ogden Clinic would like to thank you for reviewing this information. We understand these decisions are often sensitive and difficult to think about. Advance Directives bridge the patient's wishes with the medical and legal world. We feel Advance Directives are important tools for promoting patient autonomy, dignity, reassurance, and empowerment with end of life decisions. Please inform your healthcare provider once you have made a decision about your Advance Directive. We may ask for a copy for our files to assist us in honoring your choices.

Sincerely,

Ogden Clinic Providers