



Dear Patient,

We are excited to work with you as you work toward better health! Enclosed is the required paperwork for your appointment with Ogden Clinic Medical Weight Loss. Please fill out this paperwork prior to your arrival. Please arrive 15 minutes early for your appointment time in order to complete the **ReeVue Metabolic Rate Test**.

Before your visit:

Pay \$30 to confirm your appointment. This amount will be applied toward the cost of your visit.

Remember to bring the following to your appointment:

- completely filled out new patient paperwork
- your insurance card
- photo ID
- your insurance copay

In preparation for the ReeVue test:

- Arrive fasting with nothing to eat at least four hours prior to the test. This includes no gum/mints.
- On the day of the test avoid stimulants such as cold medications or caffeine (i.e., coffee, tea, caffeinated soda, or energy drink).
- Prescription medications should be taken according to schedule.
- Do not exercise the day of your test.
- As every insurance plan is different, we are not familiar with how your insurance will cover this procedure. **It is your responsibility** to check with your insurance regarding coverage with this procedure. (CPT code: 94690)

Other items to consider:

- Dr. Rigby, Sheryl and Jonathan will often order lab work (a lot!) that requires a minimum of 12 hours of fasting (nothing but water) prior to the blood draw. If your appointment time allows, please arrive fasting for the bloodwork. However, if your appointment is later in the day, you can plan on coming back another day to do the bloodwork in the morning if you prefer. We will discuss options with you when you come to your appointment.

Final notes:

- **Make sure to have your new patient paperwork filled out completely before your visit.** If this paperwork is not filled out you may be asked to reschedule.
- **If you are unable to arrive 15 minutes before your appointment time, you may be asked to reschedule.**

We have two locations. **Make sure to check what location your appointment is scheduled.**

- Davis Family 3225 W. Gordon Ave, Suite 1 Layton, UT 84041 (Dr. Rigby, Sheryl and Jonathon)
- McKay Women's Center 4403 Harrison Blvd., Suite 4650, Ogden, UT 84403. (Sheryl)
 - Parking at McKay Dee Hospital is challenging at best. Please know that McKay Dee Hospital offers a **FREE** valet service for all patients. It is located at the northwest corner of the hospital.
- Our phone number is 801-397-6160.

Thank you and we look forward to seeing you.

Rohn Rigby, MD | Sheryl Bingham, FNP | Jonathan Wilson, FNP
Ogden Clinic | Davis Family Physicians