



Procedure Date:

Procedure Time:

Arrival Time:

Location:

INSTRUCTIONS FOR EGD

Please read the directions carefully and follow all instructions to ensure a successful procedure.

5 DAYS BEFORE THE EXAMINATION

Discontinue any medications that have blood thinning effects (i.e. aspirin, Advil, Motrin, Ibuprofen, Diclofenac, Mobic, Excedrin, Aleve, etc.). Tylenol products are not restricted.

If you are on Coumadin, Plavix, Eliquis, Pradaxa, Xarelto, Savaysa or any other blood thinner prescribed by a physician, you must call the prescribing physician to ensure it is safe to discontinue the medication prior to your procedure. Ask your prescribing physician how long you should be off the medication prior to your procedure

THE DAY BEFORE THE EXAMINATION

No SOLID FOOD after midnight, you may have clear liquids up to 4 hours prior to your arrival time.

THE DAY OF THE EXAMINATION

Please arrange for a responsible adult to drive you home.

IF YOU DO NOT HAVE A DRIVER, YOUR PROCEDURE WILL BE CANCELLED AND RESCHEDULED TO A LATER DATE.

** Procedures scheduled at **McKay-Dee Hospital**: go to Suite 2670 (Second floor, North end).*

Pre-Registration is required. If you **do not** receive a call from the hospital, you must call 801-442-8600 the day before your procedure and pre-register. If you fail to do so, your appointment will be rescheduled.

** Procedures scheduled at **Ridgeline Endoscopy Center**: the facility will contact you the day before your procedure with your arrival time. Ridgeline Endoscopy Center is located at 6028 South Ridgeline Drive, Suite 100. If you have any questions or concerns, please call 801-475-4900.*

** Procedures scheduled at **Ogden Regional Medical Center**: Ogden Regional is located at 5475 S 500 E, Ogden, UT 84405. Please go to the main building and check in at the reception desk. If you have any questions or concerns, please call 801-479-2111.*

IMPORTANT: Nothing by mouth starting 4 hours before your procedure check in time

PATIENT NOTE: PATIENTS WILL BE CHARGED A \$100.00 FEE IF THEY CANCEL THEIR PROCEDURE WITHIN 1 BUSINESS DAY OF THEIR SCHEDULED TIME OR THEY NO SHOW THEIR APPOINTMENT.